

Natural Concepts Salon & Day Spa

Questions and Info for 1st time Body Wax Clients

Have you ever received this type of professional wax before? _____

Are you taking any kind of prescription drugs? Including: _____

~**Retin A, Differin, Accutane generics, Blood Thinners** (circle please)

Do you have any type of serious medical problems or STDs? If yes, please explain....

Do you have Diabetes or a weakened immune system? _____

Are you undergoing radiation or chemotherapy treatments? _____

To make it the most comfortable experience possible, we request that your hair length is between a ¼ and ½ inch long. Please trim, if necessary, before you make your appointment. We would say that the perfect length hair would be if you shaved the area and then booked your appointment for 2 weeks after that day. It is recommended that you take Ibuprofen before the service and wear comfortable clothing, so no irritation from rubbing occurs.

Please **avoid** the following activities **before** receiving a wax:

- ~Direct exposure to sun or tanning bed within the previous 24 hours.
- ~Sexual activity within the previous 24 hours, if receiving a Bikini or Brazilian wax.
- ~Excessive exfoliation or scrubs in that area within the previous 48 hours.
- ~Shaving the area or using hair removal products **within** the previous 2 weeks.
- ~Applying lotion to the area before the wax.
- ~No consumption of alcohol or caffeinated beverages within the previous several hours.

Please **avoid** contact with these **after** receiving a wax:

- ~Tanning beds or sunbathing within 24 hours.
- ~Spray, or self-tanners, on bikini region within 48 hours.
- ~ Exfoliation and topical acidic products for several days.
- ~Extremely hot showers, chlorinated pods, spas, and saunas within several hours.

In rare occurrences these reactions may occur:

Ingrown hairs, redness, skin tears, and bruising.